

About the Author

Mark Hutten, M.A. is the creator of *Online Parent Support*. He is a practicing counseling psychologist and parent-coach with more than 20 years' experience. He has worked with hundreds of parents, children and teenagers with Aspergers, and presents workshops and runs training courses for parents and professionals who deal with Aspergers. Also, Mark is a prolific author of articles and ebooks on the subject.

Contact Information

Online Parent Support, LLC
2328 N 200 E
Anderson, IN 46012

Phone: 765-810-3319
Email: mbhutten@gmail.com

My Aspergers Teen

**Help for Parents with
Defiant Aspergers Teens**

My Aspergers Teen

Disciplinary Techniques Specific to Defiant, Aspergers Teens



Prevention, identification, and intervention
strategies for the most destructive of teen
Aspergers behaviors.

by Mark Hutton, M.A.

***My Aspergers Teen* is a downloadable eBook designed
to help parents of defiant, Aspergers teens.**

Although Aspergers is at the milder end of the *autism spectrum*, the challenges parents face when disciplining a teenager with Aspergers are more difficult than they would be with an *average* teen. Complicated by defiant behavior, the Aspergers teen is at risk for even greater difficulties on multiple levels -- unless the parents' disciplinary techniques are tailored to their child's special needs.

The standard disciplinary techniques that are recommended for "typical" teenagers do not take into account the many issues facing a child with a neurological disorder. Violent rages, self-injury, isolation-seeking tendencies and communication problems that arise due to auditory and sensory issues are just some of the behaviors that parents of teens with Aspergers will have to learn to control.

Parents need to come up with a consistent disciplinary plan ahead of time, and then present a united front and continually review their strategies for potential changes and improvements as the Aspergers teen develops and matures.

In *My Aspergers Teen* eBook, the parent will learn how to:

1. **Identity the concerning behaviors**
2. **Come to an agreement on the “Aspergers-specific” disciplinary techniques**
3. **Clearly post the rules and consequences outlined in the agreement**
4. **Implement a reward system for compliance with rules**
5. **Firmly apply consequences tailored to the specific needs of the Aspergers teen**

Aspergers teens possess a unique set of attitudes and behaviors:

Social Skills— Social conventions are a confusing maze for teens with Aspergers. They can be disarmingly concise and to the point, and may take jokes and exaggerations literally. Because they struggle to interpret figures of speech and tones of voice that “neuro-typicals” naturally pick up on, they may have difficulty engaging in a two-way conversation. As a result, they may end up fixating on their own interests and ignoring the interests and opinions of others.

Sensory Difficulties— Teens with Aspergers can be extremely sensitive to loud noise, strong smells and bright lights. This can be a challenge in relationships as Aspergers teens may be limited in where they can go on, how well they can tolerate the environment, and how receptive they are to instruction from parents and teachers.

Routines and Fixations— Teens with Aspergers rely on routine to provide a sense of control and predictability in their lives. Another characteristic of Aspergers is the development of special interests that are unusual in focus or intensity. Aspergers teens may become so obsessed with their particular areas of interest that they get upset and angry when something or someone interrupts their schedule or activity.

Interpreting and Responding to Emotion— Teens with Aspergers often suffer from “mindblindness,” which means they have difficulty understanding the emotions others are trying to convey

through facial expressions and body language. The problem isn't that teens with Aspergers can't feel emotion, but that they have trouble expressing their own emotions and understanding the feelings of others. "Mindblindness" often give parents the impression that their Aspergers teen is insensitive, selfish and uncaring.

Awkwardness— Teens with Aspergers tend to be physically and socially awkward, which makes them a frequent target of school bullies. Low self-esteem caused by being rejected and outcast by peers often makes these teens even more susceptible to "acting-out" behaviors at home and school.

Due to the Aspergers-related attitudes and behaviors listed above, many teens may also experience the following associated problems:

Criminal Activity—Pain, loneliness and despair can lead to problems with drugs, sex and alcohol. In their overwhelming need to fit in and make friends, some Aspergers teens fall into the wrong high school crowds. "Average" teens who abuse substances will use the Aspergers teen's naivety to get him to buy or carry drugs and liquor for their group. If cornered by a police officer, an Aspergers teen usually does not have the skill to answer the officer's questions appropriately. For example, if the officer says, "Do you know how fast you were driving?" an Aspergers teen may reply bluntly, "Yes," and thus appears to be a smart-aleck.

Depression and Acting Out—The teenage years are more emotional for everyone. Yet the hormonal changes of adolescence coupled with the problems outlined above might mean that an Aspergers teen becomes emotionally overwhelmed. Childish tantrums reappear. Boys often act-out by physically attacking a teacher or peer. They may experience "meltdown" at home after another day filled with harassment, bullying, pressure to conform, and rejection. Suicide and drug addiction become real concerns, as the teen now has access to cars, drugs and alcohol. The "saddest and most difficult time" can overwhelm not only the Aspergers teen, but also his family.

Inability to "Be a Teen"—An Aspergers teen typically does not care about fads and clothing styles (concerns that obsess all others in their peer group). Aspergers teens may neglect their hygiene and wear the same haircut for years. Boys forget to shave;

girls don't comb their hair or follow fashion. Some Aspergers teens remain stuck in a grammar school clothes and hobbies such as unicorns and Legos, instead of moving into adolescent concerns like FaceBook and dating. Aspergers boys often have no motor coordination. This leaves them out of high school sports, typically an essential area of male bonding and friendship.

School Failures—Many Aspergers teens with their average to above average IQs can sail through grammar school, and yet hit academic problems in middle and high school. They now have to deal with four to six teachers, instead of just one. The likelihood that at least one teacher will be indifferent or even hostile toward making special accommodations is certain. The teenaged Aspergers student now has to face a series of classroom environments with different classmates, odors, distractions and noise levels, and sets of expectations. Aspergers teens with their distractibility and difficulty organizing materials face similar academic problems as students with Attention Deficit Disorder. A high school term paper or a science fair project becomes impossible to manage because no one has taught the Aspergers teen how to break it up into a series of small steps. Even though the academic stress on an Aspergers teen can be overwhelming, school administrators may be reluctant to enroll him in special education at this late point in his educational career.

Sexual Issues—Aspergers teens are not privy to street knowledge of sex and dating behaviors that other teens pick up naturally. This leaves them naive and clueless about sex. Boys can become obsessed with Internet pornography and masturbation. They can be overly forward with a girl who is merely being kind, and then later face charges of stalking her. An Aspergers girl may have a fully developed female body and no understanding of flirtation and non-verbal sexual cues, making her susceptible to harassment and even date rape.

Social Isolation—In the teenage world where everyone feels insecure, teens that appear different are voted off the island. Aspergers teens often have odd mannerisms. One Aspergers teen talks in a loud un-modulated voice, avoids eye contact, interrupts others, violates their physical space, and

steers the conversation to her favorite odd topic. Another appears willful, selfish and aloof, mostly because he is unable to share his thoughts and feelings with others. Isolated and alone, many Aspergers teens are too anxious to initiate social contact. Many Aspergers teens are stiff and rule-oriented and act like little adults, which is a deadly trait in any teenage popularity contest. Friendship and all its nuances of reciprocity can be exhausting for an Aspergers teen, even though he wants it more than anything else. One teenager ended a close friendship with this note: "Your expectations exhaust me. The phone calls, the talks, all your feelings... it's just too much for me. I can't take it anymore."

As the years go by, are you seeing your Aspergers child rapidly becoming reduced to a person who is surviving on:

- Anger
- Being a mistake
- Depression
- Hate
- Isolation
- Low self esteem
- Resentment
- Sadness
- Self hate

Do you need help with your Aspergers teenager? Is he acting-out in ways you never imagined?

Have you heard your Aspergers teenager say things like:

- "I am a mistake."
- "I am dumb."
- "I am useless."
- "I hate myself."
- "I wish I was dead."
- "What is wrong with me?"
- "Why was I born?"

If so, then **alarm bells should be going off. You know changes need to happen!**

My Aspergers Teen eBook is guaranteed to (a) improve your teen's behavior and self-esteem, and (b) empower parents and assist them in starting to enjoy their amazing

Aspergers teens.

Parenting strong-willed, defiant teens with Aspergers is tough! If you don't know how, that is...

In this eBook, you will discover how to:

- **Be your teen's best advocate**
- **Help her comply with rules and expectations**
- **Help him learn positive ways to "work with" his differences -- not to "fight" them**
- **Learn the specifics of teen Aspergers behavior and how to keep it in perspective**
- **Look at mistakes as lessons -- not as major set-backs**
- **Re-evaluate your expectations**
- **Take your power back as the parent**
- **Tune-in to who your child genuinely is -- not what the stereotypical child is
(based on social beliefs)**
- **Cope with your Aspergers teen's difficult and aggressive behaviors**
- **Understand what is really going on inside her head**
- **Help your teen cope better in the community and at school**
- **Keep the peace at home with the rest of the family**
- **Greatly improve your child's self-esteem, because Aspergers teens with low self-esteem
have very little - or no - motivation to change behavior**

If you have tried talking, screaming, punishing, pleading, and negotiating... but your Aspergers teen still walks all over you... If you find yourself "walking on eggshells" around your teen trying to avoid saying something that will set him off... If you are tired of struggling with an Aspergers teen who is disrespectful, obnoxious, or even abusive toward you... If you are frustrated and exhausted from constant arguing...

Then download ***My Aspergers Teen*** and begin the healing process within 5 minutes from now!

Imagine NO MORE:

- **Begging to get him to respond to simple requests**
- **Getting pulled into pointless, never-ending arguments**
- **Energy-sucking power struggles that ruin the whole evening**
- **Feeling powerless and stress-out because nothing you say to your teen gets through**

Now, when you talk, your Aspergers teen will listen and respond appropriately. Don't go

another day being
a hostage in your own house. Get back in control of your Aspergers teenager today.

I can tell you from over 20 years of experience that *bad Aspergers teen behavior* does NOT change without
an intervention like the one I'm giving you here. Inside ***My Aspergers Teen***, you will get
all the tools you
need to improve your child's behavior. And as always, I guarantee your success -- or your
money back!



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In addition to the eBook, you will also have ***access to me as your personal parent coach.***

Always feel free to email me as often as needed while you begin to implement your new
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strategies. I can usually respond within 24 hours.

Money-Back Guarantee

If you're not satisfied with the ***My AspergersTeen eBook*** after examining it for 30 days,
just let me
know and I'll refund your money – that's how confident I am that these disciplinary
techniques will help
you with parenting your defiant Aspergers teenager.

More Reader Reviews

Just a quick note to say thank you for your program. You have done a really great job on this and it was very affordable. My Aspergers son and I were going down a very ugly spiral. I am a single mom and always the "bad guy". The biggest turnaround was lowering the bar to the point he couldn't fail. It gave him a light at the end of the tunnel that he did not have before – and he ran to it! ~ Angie P.

My husband and I were at the end of our ropes. I prayed for wisdom and God certainly answered my prayer. I have already tried some things on the first week -- actually the day I ordered this -- and to my amazement they worked!! I had already been thinking the turmoil was like a drug for my teenager, and I was right. Thank you so much and God Bless you! ~ Ellen H.

Nothing has helped as much as this common sense advice. We've been to counseling, read books, you name it. We can't even put into words what we owe you. Thank you so much. ~ Larry and Virginia B.

Our prayers were answered with your program. We are gradually reclaiming control of our family.
THANK YOU for bringing love, peace and harmony to our family once and for all this time.
~ Melinda Y.

Thank you for putting your expertise on the Internet as we live in England. ~ John O.

Thank you so much for being available -- I still can't get over your generosity! It seems amazing to me that I have no one to talk to about these things, and I need to rely on a stranger half way around the world -- but God bless you for your work -- things have really improved since I started this process -- it was so out of control, and overwhelming. ~ Louis V.

Thank you so much for making this program so affordable and supportive for the parent. I think we will make it through the next four years in a much calmer household. ~ Debbie B.

This email is to thank you very much for sharing all the important info you have so that people can be helped. I once was very worried thinking that my son would never make it in life. But now I have hope and evidence that he will do just fine as an adult with Aspergers. ~ Robin F.

We joined your website for our 15 year old son a few months back. Let me say this after having gone through many different programs for difficult teenagers, your program is very solid. We have told our current counselors and connections about it so that other parents with Aspergers teens may use your resources, too. Our son is to the point now where he no longer argues. ~ Merle and Tina C.

What I found interesting is how much my Aspergers son seemed to be feeding into the diagnosis of "depression" and his "anger issues". I also noticed that the medications actually made him more miserable - and his defiant behavior escalated. Your ebook has really helped, and I am only in the first week! ~ Beth L.

You have given us so much relief by responding to our questions. Thank you very, very much. Your book is great, and we can't tell you how much we appreciate your dedication to teaching parents how to deal with difficult Aspergers teenagers, like the one we have! ~ Barbara H.

Your Aspergers teen eBook has given me and my wife a great deal of hope with our son. He is 13, but I can see already that with our parenting style, it hasn't done S____ any favours at all. I thought that one of the key areas you wrote about was very interesting to me, was the topic that as parents you shouldn't feel guilty for trying your very best and to take time out to look after yourself. I constantly feel guilty for being a working mum etc. I love the eBook and have read the material over and over. I will stick to the 4 weeks with vivid interest, and I can see how the techniques you promote will help me in my job as a lecturer too.

Keep the good work. ~ Jayne T.

Reader Reviews

After reading your autonomy section under Summary Points, the muddy waters cleared for us immediately. We have re-instituted family meetings with ALL members of the family as much as possible so that no one is singled out. We have established a family support system and letting all of them know there is no shame in asking for help when you need it. House rules, fair-fighting, decision-making have been established. We continue to do your assignments and are getting better at them all the time. Best of all, this has made our marriage stronger! We remind each other about the "arts" of saying yes and no. We work together on earned privileges and consequences. Thank you for

your time and energy. ~ Carl and Melissa G.

During these past few weeks, my husband and I have been implementing many steps, successfully. Our Aspergers son has been completing his weekly chores with not much complaint. There haven't been any melt-downs around here, and the few irritable times we've had have been much less stressful. I hope it's still ok to email you from time to time to say hi and fill you in on our progress. ~ Thomas and Janet P.

For years I have been trying to determine what was wrong with my son, or me, and trying to understand why we just couldn't communicate. We used to have great bouts of anger, but he simply couldn't express it and just fumed. I believe he resented me as a parent, and yet I felt it was because I gave him everything and satisfied his every need, anything but put up with the meltdowns. But those days are gone thanks to you Mark. My son has improved so much that few people even know he has a disorder. ~ Kayla U.

I am incorporating your suggestions into my life with my 17-year-old son – and things are going so much better. We are both trying and, though he still goes to counseling, I feel like I have tools to work with him now.
Thanks a \$\$\$million! ~ Jerry M.

I can't even begin to tell you how helpful it was in turning my teenager around. It's been a great year this year, and I want to thank you for your huge part in that. No more sleepless nights. Your website gets lots of referrals from me! I think your method utilizing online courses and support groups is brilliant.
Warm regards. ~ Kathy E.

I do not believe this program is for just Aspergers teens. I think every parent can benefit from this program. I wish I had access to something like this when my child was younger. It would have saved us a lot of heartache now. ~ Peter Q.

I have been using your program for about a month now, I am on chapter 4, and I have to tell you----THANK YOU!!! I finally have had PEACE in my life. My child with Aspergers is doing his chores. I have not argued with him during all this time. Life is good again, and I feel confident and supported. My husband and I were making mistakes without even knowing. I'll keep you posted. So far so good! ~ Sara M.

I have fired the counselors, weaned my child off medications, and I am ready to begin the

work of becoming a stronger, more focused parent. My soon to be ex-husband has also agreed to purchase the program and we intend on working it together to get our teen back on track. I thank you for your help and guidance. ~ Wanda S.

I have seen such a change in myself and my son, it's amazing. Not that the problems are all gone, but simply by saying I'm not arguing and honoring that, even though I've said it before, surprised him (and me) and put an end to so many problems. It was like I was the MOM again. I guess just having the support of the program helped and knowing there were others out there with the same problems. ~ Kara S.

I have successfully (I think) completed your program with my 14-year-old child with Aspergers , and things are WAY better. It has been a rough two years, and though I'm no fool and know there's more to come, your eBook has helped me stop what felt like a runaway train. ~ Teresa J.

I just followed the instructions, and he stopped yelling at me. He started doing his homework, and he stopped hitting me immediately. It really gave me the sense that I am in charge. I'm so grateful I found your website and eBook. ~ Kendra L.

I know my teen with Aspergers just needed a firmer hand at my home. With this program, I have gotten my son to regain his pride in himself, and his grades have come up immensely, and his attitude has turned around so that the teachers are commenting. I'm going back through the program again on what I'm not strong enough on. It has definitely made a difference. I will keep you posted. Thank you! ~ Katherine H.

I know that we will still experience some bumpy times, but we are feeling a bit more confident as we continue to practice the skills in your Apsergers teen eBook. Our household is certainly seeing the difference and we feel more prepared to deal with our 16 year old as he progresses through these adolescent years. ~ Kami D.

I started using the language and skills suggested and WOW what a difference it's making already! My defiant child is being positive, kind and respectful to me. It's hard to change, but I'm convinced this is going to work for my family. I've learned that my actions have a direct effect on my Aspergers son, and when I show him respect -- I get it right back! Thank you so much for retraining

me. ~ Wendy L.

I totally gave-up my traditional parenting and followed your strategies from the beginning. I am glad to tell you that I feel my Aspergers son respects me more -- and this is very important to start communication. Many thanks for your kind attention to encourage me implementing your strategies and always replying to my enquiries. ~ Veronica J.

I wanted to let you know how much I really appreciate your Aspergers book. It is full of really practical and easy-to-use information to help parents with their Aspergers teens, and also the rest of the family. As a journalist I know a thing or two about writing - and this is definitely put together and written very professionally. ~ Ian K.

I wanted to say thank you for all your support, sound advice, and speedy responses. You were the only person I could speak with, and you helped me enormously. I will never forget your support Mark - when I was terrorized and totally overwhelmed you gave me the strength and support that allowed me to do my very best for my son. God bless you for your generosity of spirit and your great work. I don't know where I would be today without your help and advice. ~ Sue N.

I was amazed how well my son responded to me when I humbled myself, admitted that I made some mistakes in my parenting, apologized for it and told him that I would be making some changes. I was ready to give up on him and have him go live with his father. Your sound advice has given me a glimmer of hope and made me realize that my son is like you said "a work in progress", and giving up on him and handing over my parental responsibilities to my ex-husband would be a big mistake. I love my son too much to bail out on him like that. Thank you so much. ~ Ginny D.

I wish I had this program when M___ was just a child, I think our lives would've been so much easier. I have actually gotten the words that you use to turn arguments around. No more power struggles ...no more temper tantrums ...no more lying. You are making a difference in the world Mark. Please continue your work! ~ Rhonda W.

I work in psychiatry, but have struggled to discipline my own Aspergers son and to understand his behavior. I have put in to practice the first week session and already it is working. Your insight into Aspergers teens is amazing... it was like you had written

it all for my son and I. Thank you, a thousand times, thank you. I'll keep you informed of J__'s progress, my 16 year old defiant teenager! ~ Michael W.

If there is anything we can do to "give back" please let us know. We do plan to "pay it forward" and steer parents to your program if they ask us how we managed to cope with our Aspergers teenager. ~ Gale W.

In just one week after doing the My Aspergers Teen course, I saw huge changes in my child with Aspergers Syndrome – and even the teacher noticed. He's a happier person due to this program. Thank you... thank you ...thank you! ~ Kristi K.

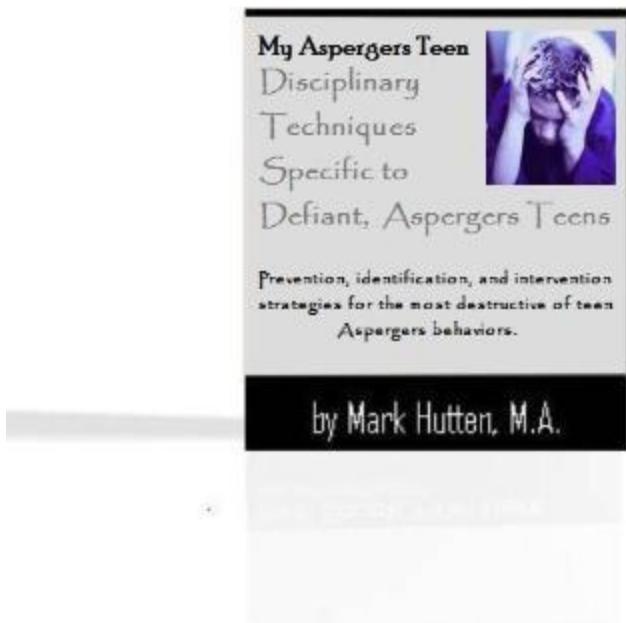
It is like you have been hanging out in our home, watching us. We are on our 3rd therapist in a 2 year period, and not one of them have seemed to have a grasp on what we are dealing with, but your first few chapters have summed us up almost immediately. I had to stop and say thank you. ~ Paul R.

I just want to say thank you. You are an answered prayer! We have an Aspergers 12-year-old daughter. We just moved to a new state, kids started a new school, our dog died - lots of stress. I felt like you were talking DIRECTLY to ME last night. It was such an answered prayer. I stayed up till past 1 am to read the first week and took tons of notes. I stayed home from church to finish reading this morning. I had HUGE "ah ah" moment. My mom is mentally ill and has tried and continues to try - very manipulatively - to make me responsible for her feelings. I have realized that I am doing the same thing with my daughter: being afraid to really discipline to not "hurt her feelings" and also making HER responsible for my feelings by yelling and screaming! HUGE breakthrough for me last night. I look forward to continuing this 4 week program. I am also taking a stand and setting some NEW boundaries with my mom and I feel stronger than ever about this. Blessings. ~Jessica Y.



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If you have any questions about *My Aspergers Teen* eBook, or the *Parent Coaching* service included in this program, call [765-810-3319](tel:765-810-3319) or email mbhutten@gmail.com.

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ONLINE PARENT SUPPORT STAFF:
Mark Hutton, M.A. (Counseling Psychology)
David McLaughlin, MD (Consultant: Psychiatry)
Julie Kennedy, Psy.D. (Consultant: Clinical Psychology)

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Low Self-Esteem and Behavioral Problems Go Hand-in-Hand

Frequently Asked Questions

*Can this program work for me if I'm divorced
and my son's father lets him get away with
everything while at his home?*

Yes (you're referring to the *Disneyland Dads*).
But I have to say, neither you nor your ex can
control your Aspergers child. Neither one of
you can make your child spit, stand on his
head, walk a straight line, or any thing else
for that matter. Thus, you will learn how to (a)
stop trying to 'control' behavior, and instead
(b) start 'influencing' him to make better
choices. As a result, your child will take your
'influence' with him, even when he goes over
to dad's house.

*How long will it take to see a positive change
in my Aspergers child's behavior?*

You should notice positive changes in your
child – and in yourself – the very first day you
use these parenting strategies. As you begin
to implement the techniques outlined in the
program, you will see even more significant,

long-lasting changes in your child's behavior and attitude. Parenting your Aspergers child will become easier -- and more enjoyable.

Bear in mind that if your child is, say, 15-years-old -- it has taken 15 years for the problems to get to this point. So it will take at least a few weeks to get the problems turned around. Most parents (90% plus) see permanent changes in their child's behavior within 4 weeks.

What is the age range for this program?

I have used these techniques and concepts successfully with children as young as 5 years of age and as old as 19. The program has proven to be effective with children of any age, because it provides detailed guidelines to help parents create (in most cases spontaneously) the most effective approach for any given scenario -- regardless of age, gender, or race.

A popular parenting-myth is that *one should parent differently depending on the child's age*. This is an example of the erroneous information floating around. You would certainly want to use different language depending on the child's developmental stage (e.g., you don't want to use big words with a 5-year-old), but parents should basically parent the same way whether their child is 3, 13, or 23.

Can teachers, social workers, and other therapists use the information in this eBook?

Yes. Every adult who works with Aspergers children or teens in some capacity will benefit from the strategies presented in the material. Hundreds of teachers, parents, and therapists are now better equipped to deal with their difficult students, children, and clients because they learned how to *think outside the box* and approach Aspergers-related behavioral problems from a completely different angle.

If an Aspergers child has an additional diagnosis (e.g., ADHD, ODD, OCD, etc.), will this course work for him too?

Definitely. Aspergers children rarely *act-out* for extended periods of time simply because they have a *behavior problem*. Most of these children have underlying, core issues that will need to be dealt with in advance of 'misbehavior'. This program is very helpful - and indeed necessary - for children who have more than one mental health issue.



Click on *Return To Merchant* after purchase for instant download access.

How much longer will you tolerate dishonesty and disrespect? How many more temper tantrums and arguments will you endure? Have you wasted a lot of time and energy trying to make your child change?

The problem is that most parents of defiant Aspergers teens have tried very hard to get *just a little respect* and compliance, but with little - or no - success. And it seems the harder the parent tries, the more the teenager rebels.

I often hear the following statement from parents: "*I've tried everything with this child – and nothing works.*" But when they download the ***My Aspergers Teen eBook***, they soon discover they have NOT tried *everything* – rather they have tried some things.

You now have the opportunity to learn "cut-to-the-chase" parenting strategies that work immediately rather than weeks or months down the road. And I guarantee your success or you get your money back – and you can keep the eBook. This is how confident I am that this information is going to work for you!

No, I'm not a miracle worker. But you don't need a miracle! All you need is this set of proven parenting techniques – specific to the Aspergers condition – to use with your defiant teenager.

Parenting defiant Aspergers teens is tough! If you don't know how, that is...

If parents don't have the techniques outlined in the ***My Aspergers Teen eBook***, all they are left with are *conventional disciplinary methods*. And as you may have discovered, *conventional methods don't work* with an Aspergers teenager.

Below is a partial list of conventional parenting strategies. Parents have found these strategies to have little - or no - effect on their Aspergers teen's behavior:

- Trying to "reason" with the child
- Having *heart-to-heart* talks

- "Confronting" the child or being *assertive*
- **Grounding**
- **Taking away privileges**
- **Time-outs**
- **Counseling**
- **Trying to be a *nicer* parent**
- **Trying to be a *tougher* parent**
- **"Giving in" and letting the child have his way**
- **Verbal warnings**
- **Ignoring misbehavior**
- **Medication**
- **Having the child go live with his other parent (if parents are separated or divorced)**
- **Having another family member "talk to" or attempt to "mentor" the child**
- **Threatening to send the child away to a juvenile facility**
- **Threatening to call the police**
- ***and so on...***

I'm giving you the chance to break the cycle of disrespect and non-compliance ...to bring some peace back into your household again ...and to keep your child from potential self-destruction. And you can start in just 5 minutes from now!

~ Mark Hutten, M.A.

